

## HOLISTIC MASSAGE THERAPIST OF THE YEAR

Angelika Heron (Relaxing Therapies)

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Founded by Angelika Heron, Relaxing Therapies offers a wide variety of massage and beauty treatments, as well as energy healing services from its clinic in Dublin. Always giving the client's wellbeing top priority, the therapy centre strives to provide the very best massage experience available, helping individuals to relax, unwind and heal in a calm and welcoming environment. Given the recent global pressures, Angelika's massage services have seen a boost in bookings for those looking to receive a little post-COVID de-escalation, but she also helps people with muscular issues and day-to-day stress. The massage expert is a certified massage therapist and reiki practitioner.

The judges were impressed by the tailored programme of treatment, which is built around each client's personal requirements. Sessions are adjusted according to specific needs and Angelika prides herself and her business on never administering standard treatments, but rather unique experiences. The clinic offers first-class services through a combination of highly qualified practitioners and some of the best skincare products on the market. The use of a holistic approach results in clients benefiting from restorative wellbeing and energy procedures that helps to ease physical, emotional and spiritual burdens.



RELAXINGTHERAPIES  
WITH ANGELIKA

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**EACH SESSION IS  
ADJUSTED ACCORDING  
TO SPECIFIC NEEDS  
AND ANGELIKA PRIDES  
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BUSINESS ON NEVER  
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